## **Oocyte and Embryo Cryopreservation Workshop**

This workshop aims to educate the vitrification cryopreservation technique of oocytes and embryos using cryotops as conducted in the clinic.

In this workshop you will learn:

- Introduction to the basics of cryopreservation and its different methods
- Making vitrification/warming solutions
- Embryo vitrification with cryotops
- Embryo warming
- Determining the embryo quality after vitrification/warming
- Banking principles

This workshop is suitable for graduates and students of all academic levels in biology, paramedical, and medical fields. Participants should have previous knowledge on the principles of reproductive biology.